

Congratulations to Victoria Wilkinson of Bingley on her 5th Yorkshire Fells title with 2012 champion Helen Berry of Holmfirth taking the silver medal and Julie Briscoe of Wakefield the bronze medal. Victoria led Bingley Harriers to the team gold medals with Ruth Whitehead and Lesley Watson. Victoria won the 3 Peaks race in 3:26:47 giving her a convincing victory of 9 minutes 8 seconds over second lady Mira Rai from Nepal.

2010 champion Karl Gray of Calder Valley Fell Runners won the mens trophy for the second time and has now amassed 9 championship fell medals, Jack Wood of Ilkley won the silver and Adam Osborne of Leeds City the bronze. The Team gold medals went to Wharfedale Harriers with Sam Watson, Ted Mason & Mark McGoldrick.

The 3 Peaks race was won by Swiss Marc Lauenstein running for Team Salomon in 2.48.58 only 2 minutes 55 seconds slower than the record set by Bingley Harriers' Andy Peace in 1996.

The weather was changeable with snow showers on the tops and it was also treacherous where the snow had been compacted.

38 th Yorkshire Senior Fell Championships		
Sponsored by Precision Pest management & The Wharfedale Clinic		
Female		
Champion	Victoria Wilkinson	Bingley
Silver	Helen Berry	Holmfirth
Bronze	Julie Briscoe	Wakefield
Female Team		
Champions	Bingley	
	Victoria Wilkinson, Ruth Whitehead & Lesley Watson	
Male		
Champion	Karl Gray	Calder Valley FR
Silver	Jack Wood	Ilkley
Bronze	Adam Osborne	Leeds City
Male Team		
Champions	Wharfedale	
	Sam Watson, Ted Mason & Mark McGoldrick	

